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Chris Pratt: Seahawks Prayer Is What I Want My Son to See

A true story of faith under pressure. Read the first half below, then continue online.

KEY SPIRITUAL TAKEAWAY

"The Pat McAfee Show"

(Transliterated from the original Hindi.)

They had gathered only to pray. When prayer itself becomes the target, faith is proved not by words but by staying.

The Story - Part One

Chris Pratt says the best moment of the Seattle Seahawks' Super Bowl LX win had nothing to do with the game itself. Speaking on ESPN's "The Pat McAfee Show" on 17 November 2026, the actor said that moments after the Seahawks beat the New England Patriots 29-13 in February, the players got down on their knees and prayed - and watching it with his son was the moment he wanted the boy to carry for the rest of his life.

Picture it. A locker room thick with confetti and noise, men who have just become champions of the world, and the very first thing they do is kneel. No cameras were supposed to catch it. No speech was planned. Pratt was standing there with his son, who was 13 at the time and is 14 now, and the boy watched a whole team of grown men - the toughest men in the sport - bow their heads before anyone handed them a bottle or a cigar.

"The single best moment for me was - it's a crystallizing moment of my son's childhood; he was 13 at the time, 14 now - is all these men got together, and they got on their knee, and they prayed," Pratt told McAfee. "And they gave glory to God, and I was like, 'That's what I want my son to see.' I want him to see that these guys just became champions of the world."

Pratt, a lifelong Seahawks fan, had been part of the night from the start. He introduced the team before kickoff at Levi's Stadium in Santa Clara, then watched from the sidelines as Seattle controlled the game from start to finish. Running back Kenneth Walker III led the offence with 135 rushing yards and took Super Bowl MVP honours. After the final whistle, Pratt was invited into the locker room - and that is where the night stopped being about football.

Chris Pratt Seahawks Prayer: The Moment After Super Bowl LX

What Pratt described was not a quiet prayer in a corner. It was the whole team, together, on their knees, giving thanks before the celebrating began. "And yeah, they're going to have some tequila shots and have some beers and smoke some cigars and all that stuff, but the first thing they are going to do is glorify their Father in heaven," Pratt said. "I was like, 'Dude, that's exactly the message I wanted my son to see.' I'll forever be grateful to the [Seahawks] organization for that."

That last line matters. Pratt was not just moved - he was grateful, because he knows how rare the moment was. His son got to see champions at the very top of their world, and the first thing they did was not boast, not pose, not reach for the trophy. They prayed. For a father trying to raise a boy who knows what matters, that is the kind of picture no lecture can paint.

The Turning Point - What Happens Next

The story reaches a life-changing moment that changes everything -- and what seemed like the end is only the middle. Two reports disagree on the numbers, and one question is left unanswered: will the CCTV footage ever come out? Read the full story to find out what happens next.

PERSONAL REFLECTION & DISCUSSION QUESTIONS

1. When gathering to pray carries a real cost, what keeps a community coming together anyway -- and what would keep you coming?

2. The pastor's sister shielded him with her own body and fainted under the blows. What does costly, self-giving love look like in your own family or church?

3. When justice is delayed and a complaint is withdrawn under threat, how do believers hold on to truth without giving in to fear -- or to hatred?

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