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Candace Cameron Bure Wins Special Forces Leaning on Faith and Scripture

A true story of faith under pressure. Read the first half below, then continue online.

KEY SPIRITUAL TAKEAWAY

"Special Forces: World's Toughest Test."

(Transliterated from the original Hindi.)

They had gathered only to pray. When prayer itself becomes the target, faith is proved not by words but by staying.

The Story - Part One

Actress Candace Cameron Bure nearly walked away from Fox's "Special Forces: World's Toughest Test." Instead, the 50-year-old "Full House" star finished its fifth season as one of only three winners, completing the gruelling finale on 12 November 2026 alongside television personalities Collin Gosselin and Alexia Umansky. She says memorised scripture and nightly prayers carried her through.

"I was honestly shocked when I passed," Bure told Us Weekly in an interview published on 12 November. When the directing staff declared the three of them winners, she said she was happy and confused all at once, and then relief washed over her.

The show sent 15 celebrity recruits into Malaysia's jungle for training inspired by the actual Special Forces selection process. Seven celebrities were still in the running after eight days of intense challenges. Only three managed to complete the final test and pass the course.

The final challenge was a 12-hour simulated capture and interrogation, in which contestants had to withstand intense physical and psychological pressure while maintaining their cover stories. Bure leaned on her years of acting experience during the interrogation phase, and pushed through a stomach flu along the way.

Her other challenges included climbing down a 30-foot rope ladder hanging from a suspension bridge and jumping out of a helicopter. She had prepared Bible verses she could call to mind when the course became frightening or exhausting, and that preparation turned out to be the difference between quitting and finishing.

"I memorized a lot of scripture before I left," she told Us Weekly in a seperate interview published on 13 November. "Just memorizing scripture about fear and perseverance and endurance. There was a constant reel in my mind that I was just citing scripture, just giving myself the encouragement to walk through it."

That is what faith looks like when the cameras are off and the body is giving up: not a speech, but a verse repeated quietly in your head while your hands are shaking. Bure did not carry a Bible into the jungle. She carried it in her memory, and it was there exactly when she needed it.

The Turning Point - What Happens Next

The story reaches a life-changing moment that changes everything -- and what seemed like the end is only the middle. Two reports disagree on the numbers, and one question is left unanswered: will the CCTV footage ever come out? Read the full story to find out what happens next.

PERSONAL REFLECTION & DISCUSSION QUESTIONS

1. When gathering to pray carries a real cost, what keeps a community coming together anyway -- and what would keep you coming?

2. The pastor's sister shielded him with her own body and fainted under the blows. What does costly, self-giving love look like in your own family or church?

3. When justice is delayed and a complaint is withdrawn under threat, how do believers hold on to truth without giving in to fear -- or to hatred?

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